



## Empowerment Center March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 2:00-3:00 Stages of change	3 8:30-4:00 MobileMed 10:00 - 11:00 Housing and Job Search Group 10:00-11:00 Health Workshop	4 8:30-12:00 MobileMed	5 8:00-12:00 MobileMed 9:00-12:00 Legal Aid 10:15 – 11:30 Express Yourself! 7:00-9:00 MobileMed	6 8:30-12:00 MobileMed 10:00 – 11:00 Pathways to Recovery 2:00-3:00 Yoga w/ Rachel 2:00 – 4:00 Movie Time
9 10:00-11:00 Health Education 2:00-3:00 Stages of change	10 8:30-4:00 MobileMed 10:00 - 11:00 Housing and Job Search Group 10:00-11:00 Health Workshop	11 8:30-12:00 MobileMed 9:00-12:00 Health Screenings	12 8:00-12:00 MobileMed 10:15 – 11:30 Express Yourself! 7:00-9:00 MobileMed	13 8:30-12:00 MobileMed 10:00 – 11:00 Pathways to Recovery 2:00-3:00 Yoga w/ Rachel 2:00 – 4:00 Movie Time
16 10:00-11:00 Health Education 2:00-3:00 Stages of change	17 8:30-4:00 MobileMed 10:00 – 11:00 Housing and Job Search Group 10:00-11:00 Health Workshop	18 8:30-12:00 MobileMed	19 8:00-12:00 MobileMed 9:00-12:00 Legal Aid 10:15 – 11:30 Express Yourself! 1:00 - 2:30 Bingo 7:00-9:00 MobileMed	20 8:30-12:00 MobileMed 10:00 – 11:00 Pathways to Recovery 2:00-3:00 Yoga w/ Rachel 2:00 – 4:00 Movie Time
23 2:00-3:00 Stages of change	24 8:30-4:00 MobileMed 10:00 – 11:00 Housing and Job Search Group 10:00-11:00 Health Workshop	25 8:30-12:00 MobileMed	26 8:30-12:00 MobileMed 10:15 – 11:30 Express Yourself! 7:00-9:00 MobileMed	27 8:30-12:00 MobileMed 10:00 – 11:00 Pathways to Recovery 2:00-3:00 Yoga w/ Rachel 2:00 – 4:00 Movie Time
30 2:00-3:00 Stages of change	31 8:30-4:00 MobileMed 10:00 - 11:00 Housing and Job Search Group 10:00-11:00 Health Workshop			

For information on Job Readiness, please contact Carolyn Johnson

Please email referral forms for vocational classes (see attached course description and referral forms) to [cjohnson@iworksmc.org](mailto:cjohnson@iworksmc.org)

**Donate. Volunteer. Advocate.**

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