

**Helen Blumen, MD**

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Dr. Helen Blumen's 40-year career in medicine includes more than 10 years of full time clinical internal medicine practice. Subsequently, her career focused on health care management, with a focus on clinical guidelines, performance measurement, and health services research. As a retiree, she is committed to improving the quality of life in her community and making a difference as a volunteer by leveraging her skills in management and process improvement.

In 2016, Helen became involved with Interfaith Works when she began volunteering at the Interfaith Works Clothing Center. She has been a board member since 2017 and serves on the program and finance committees.

Helen completed her medical degree at the David Geffen School of Medicine at the University of California Los Angeles. She earned a master's degree in business administration from Johns Hopkins University and a bachelor's degree in biochemistry from Harvard University. Helen is a graduate of Leadership Montgomery.