



Empowerment Center April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 1:30– 2:00 Body Groove	2 9:00-12:30 Health Workshop 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	3 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	4 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change 4:30-5:30 Grupo de Recuperacion	5 9:00-12:30 Health Workshop 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time
8 11:00 – 11:45 IWECC Community Meeting 1:30– 2:00 Body Groove	9 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	10 9:00-12:00 Health Workshop 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	11 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	12 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time 3:00-4:00 Grupo de Recuperacion
15 10:00– 12:00 NEW SESSION Job Readiness 1:30– 2:00 Body Groove	16 9:00-12:30 Health Workshop 10:00– 12:00 Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	17 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	18 10:00– 12:00 Job Readiness 10:15–11:30 Express Yourself! 1:00-2:30 Bingo 1:15 – 2:15 Stages of Change 4:30-5:30 Grupo de Recuperacion	19 9:00-12:30 Health Workshop 10:00 – 11:00 Pathways to Recovery 1:00-4:30pm Health Workshop 2:00 – 4:00 Movie Time
22 10:00– 12:00 Job Readiness 1:30– 2:00 Body Groove	23 9:00-12:00 Health Workshop w/ HIV Testing & Blood Pressure 10:00– 12:00 Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	24 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	25 10:00– 12:00 Job Readiness GRADUATION 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	26 9:00-12:30 Health Workshop 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time 3:00-4:00 Grupo de Recuperacion
29 1:30– 2:00 Body Groove	30 9:00-12:30 Health Workshop 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group			

* Haircuts are available periodically. Please see staff or reception to learn more.

For information on Job Readiness, please contact cjohnson@iworksmc.org

Please email referral forms for vocational classes (see attached course description and referral forms) to cjohnson@iworksmc.org

Donate. Volunteer. Advocate.

iworksmc.org