



Empowerment Center March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time
4 1:30– 2:00 Body Groove	5 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	6 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	7 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	8 10:00 – 11:00 Pathways to Recovery 1:00 – 3:00 HIV Testing – Se Habla Español
11 1:30– 2:00 Body Groove	12 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	13 9:00 – 12:00 HIV and Health Screenings	14 9:30 – 10:30 Health Education 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	15 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time
18 10:00– 12:00 NEW SESSION Job Readiness 1:30– 2:00 Body Groove	19 10:00– 12:00 Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	20 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	21 10:00– 12:00 Job Readiness 10:15–11:30 Express Yourself! 1:15 – 2:30pm Bingo 1:15 – 2:15 Stages of Change	22 10:00 – 11:00 Pathways to Recovery
25 10:00– 12:00 Job Readiness 1:30– 2:00 Body Groove	26 9:00 - 12:00 HIV Testing 10:00– 12:00 Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	27 10:30 – 11:30 Computer Skills 1:15 – 2:15 El Circulo	28 10:00– 12:00 GRADUATION Job Readiness 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	

* Haircuts are available periodically. Please see staff or reception to learn more.

For information on Job Readiness, please contact cjohnson@iworksmc.org

Please email referral forms for vocational classes (see attached course description and referral forms) to cjohnson@iworksmc.org

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