



Empowerment Center January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	IWEC CLOSED FOR NEW YEARS DAY		10:15–11:30 Express Yourself! 1:15– 2:15 Stages of Change	10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time
7	8	9	10	11
1:30– 2:00 Body Groove	10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	9:00 – 12:00 HIV and Health Screenings 1:15 – 2:15 El Circulo 1:15 – 2:15 Computer Skills	9:30 – 10:30 Health Education 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	10:00 – 11:00 Pathways to Recovery
14	15	16	17	18
1:30– 2:00 Body Groove	10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	1:15 – 2:15 El Circulo 1:15 – 2:15 Computer Skills	10:15–11:30 Express Yourself! 1:00 – 2:30pm Bingo 1:15 – 2:15 Stages of Change	10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time
21	22	23	24	25
IWEC CLOSED FOR REV. DR. MARTIN LUTHER KING DAY	9:00 - 12:00 HIV Testing 10:00– 12:00 NEW SESSION Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	1:15 – 2:15 El Circulo 1:15 – 2:15 Computer Skills	10:00– 12:00 Job Readiness 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change	10:00 – 11:00 Pathways to Recovery
28	29	30	31	
10:00– 12:00 Job Readiness 1:30– 2:00 Body Groove	10:00– 12:00 Job Readiness 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group	1:15 – 2:15 El Circulo 1:15 – 2:15 Computer Skills	10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change 10:00– 12:00 GRADUATION Job Readiness	

For information on Job Readiness, please contact cjohnson@iworksmc.org

Please email referral forms for vocational classes (see attached course description and referral forms) to cjohnson@iworksmc.org

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* Haircuts are available periodically. Please see staff or reception to learn more.

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