



Empowerment Center December 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|-------------------------------------|---|---|
| 3 10:30–11:30 Computer Skills 1:30– 2:00 Body Groove | 4 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group | 5 1:15 – 2:15 El Circulo | 6 10:15–11:30 Express Yourself! 1:15– 2:15 Stages of Change | 7 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time |
| 10 10:30–11:30 Computer Skills 1:30– 2:00 Body Groove | 11 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group | 12 1:15 – 2:15 El Circulo | 13 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change | 14 10:00 – 11:00 Pathways to Recovery 1:00 – 3:00 HIV Testing – Se Habla Español |
| 17 10:30–11:30 Computer Skills 1:30– 2:00 Body Groove | 18 9:00 - 12:00 HIV Testing 10:45 – 11:45 Housing and Job Search Group 1:15 – 2:15 Tree of Hope Recovery Group | 19 | 20 10:15–11:30 Express Yourself! 1:00 – 2:30pm Bingo 1:15 – 2:15 Stages of Change | 21 10:00 – 11:00 Pathways to Recovery 2:00 – 4:00 Movie Time |
| 24 10:30–11:30 Computer Skills 1:30– 2:00 Body Groove | 25 IWEC CLOSED FOR CHRISTMAS HOLIDAY | 26 | 27 10:15–11:30 Express Yourself! 1:15 – 2:15 Stages of Change | 28 10:00 – 11:00 Pathways to Recovery |
| 31 1:30– 2:00 Body Groove | | | | |

* Haircuts are available periodically. Please see staff or reception to learn more.

For information on Job Readiness, please contact cjohnson@iworksmc.org

Please email referral forms for vocational classes (see attached course description and referral forms) to cjohnson@iworksmc.org

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